

Tradewinds Sailing School and Club

More Experience. More Time on the Water. More Fun.



Windwords

December 2010

www.TradewindsSailing.com Email us: staff@tradewindsailing.com Phone # 510-232-7999

From the Helm

Thailand was good! The food was excellent, the boats were great, and the company was the best. A huge thanks to David Kory for running another excellent trip. It's hard to believe what he's able to fit in for the price.

Don't miss our holiday party on the 4th. Everyone should have received an EVITE. If not, mark your calendar and show up anyway! Our holiday party is always the best of the year. If you can only make one social each year, make it this one.

We are running our winter Racing Clinics starting right away in January, so be sure and check out the calendar and get signed up if you want to participate in this coming season's Friday Night Race Series. There are also Advanced Sail Trim classes, Intro to Sailing, Sail Repair, CPR/First Aid, Splicing, and the all-new and much-asked-for VHF and GPS courses! Brandy is way ahead of us as usual and has the first 6 months of the schedule up already. Don't wait too long to book your Basic Coastal and Bareboat courses, either - we are already filling up the first few of the year.

We're winding down from a very busy year and taking care of our winter housekeeping. 2011 promises to be just as busy and twice as much fun. Thanks for a wonderful year, and here's to many more!

-Matt K



These are our vacation faces!



Contents

Events & Announcements	2
Sailing Classes	3
Checkout Schedule	3
Nautical Terminator	4
Boats for Sale	4
France	5
Tahiti	7
Delivery Article	8

Events & Announcements

Date **Event**

Dec 4
6pm–
9pm **Holiday Party** - Join us for our annual Holiday Party! Bring your favorite holiday dish to share and help us celebrate the holidays and bring 2010 to a festive close. What could be better than enjoying potluck holiday dishes, drinks, and the company of Tradewinds Sailors? Come ask questions about our 2011 Charter trips—David and Brandy will both be available to provide answers.

Dec 23 -
Jan 2 **Christmas/New Year Holiday** - We will definitely be checking in, and you may catch one or more of us in the office on any of these days, but don't count on it! Remember that our emergency number is in the front of each boat's checkout book.

Jan 8
10am-
2pm **Sail Trim** - Join us at the office to learn the finer points of sail trim. Find out what all of those mystery adjustments are and how they will affect your sail shape and boat performance! \$25/person

Jan 9
9am
Or 1pm **Intro to Sailing** - Join us for a sail on The Bay! All welcome. A typical 4 hour Bay sail from Marina Bay includes a trip through Raccoon Straight, around Angel Island, across the "Slot", down the San Francisco city front, and a leisurely down-wind sail back home. The route may change according to conditions, of course! Free for Members, \$50 for Non-Members.

Jan 20
9am
Or 1pm **Intro to Sailing** - Join us for a sail on The Bay! All welcome. A typical 4 hour Bay sail from Marina Bay includes a trip through Raccoon Straight, around Angel Island, across the "Slot", down the San Francisco city front, and a leisurely down-wind sail back home. The route may change according to conditions, of course! Free for Members, \$50 for Non-Members.

Jan 23
10am -
4pm **Winter Racing Clinic** - This includes classroom and water experience. Upwind tactics, rounding marks, downwind tactics, starts. We will be offering the class for 3 months only. If you are interested in our Friday Night Race series this summer, the Winter Racing Clinic is a *PREREQUISITE* for skippers. To skipper a boat in our racing series, you must also be a member certified to the level of boat you will be racing on (BKB for the Capri's, BCC for the silver fleet boats) \$50/person

Jan 29
9am
Or 1pm **Intro to Sailing** - Join us for a sail on The Bay! All welcome. A typical 4 hour Bay sail from Marina Bay includes a trip through Raccoon Straight, around Angel Island, across the "Slot", down the San Francisco city front, and a leisurely down-wind sail back home. The route may change according to conditions, of course! Free for Members, \$50 for Non-Members.



Welcome New Members

Helen Alderson Tony Angelo John Baldwin Shea Cox
Andy Jakobsen Anton Wannenburg

More Fun.

Classes

The following classes currently have at least one opening. Check the web calendar to view all open classes in an easy-to-read format. Call the office if you have any questions or if you are ready to sign up.

Basic Keelboat (\$695)

Jan 12,13,14
 Jan 16,22,23
 Jan 22,23,29
 Jan 23,29,30
 Jan 24,25,26
 Jan 29,30 & Feb 5
 Jan 30 & Feb 5,6

Basic Keelboat All-Women's(\$695)

Feb 19,20,26

Basic Coastal Cruising (\$795)

Jan 16,22,23
 Jan 17,18,19
 Jan 29,30 & Feb 5
 Feb 6,12,13

Bareboat Chartering (\$895)

Mar 13,19,20
 Mar 20,26,27
 Mar 28,29,30

Coastal Navigation (\$325)

Jan 14 (6pm-9pm), 15 & 16 (9am-6pm)

Advanced Motoring & Docking (\$225)

Jan 15

Advanced Anchoring (\$225)

Jan 29



Boat Checkouts

Remember, checkouts are free and the more boats you are checked out on, the easier it is for you to go sailing on any given day! There are openings in the following checkouts, remember to call the office and schedule it if you can attend.

Date	Time	Boat Number/Name
January 8	9am	3102–Kallisto (Silver)
January 9	9am	3104–Megalina (Gold)
January 15	9am	3603–Home Free (Platinum)
January 16	9am	2803–Toba Leah (Silver)
January 22	9am	3401–Pink Slip (Gold)
January 23	9am	3011–Amazing Grace (Silver)
January 29	9am	3403–Na Mara (Gold)
January 30	9am	3012–Asilo (Silver)
February 5	9am	3604–Valhanna (Platinum)
February 6	9am	3404–Pain Killer (Gold)
February 12	9am	3102–Kallisto (Silver)
February 13	9am	3402–Lucy! (Gold)
February 19	9am	4201–Galen (Platinum)
February 20	9am	3103–Clio (Silver)
February 26	9am	3801–Black Pearl (Gold)
February 27	9am	3105–Mauna Kea (Silver)

More Time on the Water. More Experience.

Nautical Terminator

By Tony Johnson, Tradewinds Instructor

I think I know what a splice is, and I'm sort of willing for the time being, subject to further review, to use the word "knot" to describe any jumble of rope made intentionally or otherwise. But of the two species of knots named "hitches" and "bends," what's the difference? A little research uncovers some complexity here, as well as some interpretations too muddled to repeat.

In all matters knotal (not a real word, I'm sorry to report) our best authority absent a solid countervailing reason is *The Ashley Book of Knots*. Clifford Ashley was a seaman from the fabled whaling port of New Bedford, Massachusetts who devoted his life to the study of knots used by a wide variety of professionals from the journeyman to the joker. Some are safe, some dangerous, and some downright homicidal (the knots, not the jokers, although we can't rule that out).

His definitions of the items in question:

ABOK#12: "A hitch makes a rope fast to another object." In Chapter 20 he elaborates: "A hitch is a complication that secures a rope to another object, generally of a different nature. But this is not necessarily so, since the object may be another rope, provided the hitch is made entirely with the *active* rope, and the second rope remains *inactive*." [Italics mine.]

ABOK#13: "A bend unites two ropes." In chapter 18, Ashley further explains that generally a bend unites two ropes "at the ends," and its purpose is "to lengthen the rope." He adds, "Bends for tying two ends of different characteristics may partake somewhat of the nature of a hitch, since one rope is *more active* than the other." [Italics mine.]

By tradition, the anchor rode is always "bent" to its anchor, and a sail to its spar, no matter what type of attachment is utilized, be it knot, shackle, hank, or slide. As a result there is a knot called an Anchor Bend, also known as a Fisherman's Bend, which actually fits the above definition of a hitch since it "makes a rope fast to another object." Ashley notes in ABOK#24-26 that this knot is really a hitch and that with this and three other arcane exceptions, "all knots called bends are for lengthening rope, by tying two ends together."

More next time on hitches, bends, the "active" principle, Clifford Ashley, and the art of knotery (alas, also not a real word).

Boats for Sale

Sea Angel - 2006 Catalina 42 sailboat. 3 cabins, 2 heads, furling main and jib and easy to sail single handed. Price is \$199,000. Call Mel at 707-812-4003.

Home Free - 2001 CATALINA 36 MK11 sailboat. 2 cabins, 1 head. Price is \$92,500. Contact Steve Felte @ 707-374-4778 or stevefelte@gmail.com 2009 survey available for review, fully equipped.

Orion - 2007 Beneteau 32 sailboat. 2 cabins, 1 head, Gori 3 blade folding prop and furling 115% jib and flat panel TV. Price is \$89,000. Contact Don at dcam499@yahoo.com or 707-718-0678.

Mauna Kea - 1979 Cal 31 sailboat. Over \$14,000 spent in the last year including retrofitting a Universal Diesel 25 hp engine - Extensive New bottom work to remove all blisters. New Shaft and cutlass bearing and New Jabsco Marine Head. Price is \$18,000. Contact Bill at napawood@gmail or 707-815-3313.

Na Mara - 2007 Beneteau 343. 2 cabins, 1 head. Roller furling main. \$110k, contact Butch, Matt or Brandy at Tradewinds for more information.

THE FRENCH CONNECTION

June 1 – 14, 2011

Enjoy the warmth and sunshine of the longest days of the year in the south of France! A one-way journey from the vineyards of the Languedoc region to the beaches of the Mediterranean sea.

We'll start this adventure by flying from San Francisco to Toulouse, France, where we'll check in to our 4-star hotel, and rest up from our flights. The next day, we'll have time to explore this historic city, and whether you wander the old quarter, filled with mid-18th century buildings, discover the 13th century university (one of the largest in France), or just wander the streets and shops and relax in a sidewalk café, you will quickly acclimate to the lifestyle here.



Later in the afternoon we'll head down to the 14th century town of Castelnaudary and board our waiting canal boats. Yes, it's true- although we are a sailing club, this is the only way to discover this region, so we are going to charter modern 42- to 48-foot canal boats. Any of us can skipper these simple boats down the famed Canal Du Midi, the shallow, narrow waterway (no sea sickness!) built in the 17th century, now recognized as a UNESCO World Heritage Site, that stretches loosely east to

west across the south of France. With 4 and 5 cabins, dual steering stations, galley and salon, and lots of sundeck space for watching everything go by, these are the ideal boats for our 11-day journey.

We'll cover about 85nm of waterway, and pass through 62 locks along the way, but we won't double back, as this is a one-way cruise downstream all the way! And one piece of sailing gear you won't find on these boats is an anchor. You can stop anywhere you want, pound a stake into the earthen bank, and tie up for lunch or for the night. You can also moor along the quay of most villages, and be steps from the cafés, bakeries and wine and cheese shops that made this region famous. And instead of a dinghy and outboard, you can have a bicycle!

Along the way we'll visit the circular country town of Bram; the imposing stone walled medieval city of Carcassonne; the ancient commercial wine port of Homps; Argens, with its 14th century chateau; the ivy and pink flowers and majestic old bridge of the small village of Le Somail; Capestang, whose castle was the residence of the archbishop of Narbonne; Beziers, once a Roman city; and Port Cassafières, next to the beaches of the Med.



More Fun.

Here's a typical encounter... "From beneath the colorful striped awnings of waterfront bakeries, butcher shops, and cafés, intoxicating aromas of seafood, garlic, and butter prevail. Should I buy black olives in salty oil or green olives swimming in brine? *Café familial* or Jacques Vabre arabica? Fresh goat cheese with local honey, or musky Roquefort with a crisp rosé from the Languedoc region? She asked me to pick a pâté. *Avec champignons? Foie gras? Pâté de maison?* Choices, choices. Plus there are the farmer's markets in every town, too. So much for a simple run to the grocery store!"



After leaving our boats at Port Cassafières, we'll head back to Toulouse and explore another day there, spending the night in the hotel. Finally, on the 14th, we'll fly back home.

So what's the deal?

The trip costs just \$2,950 per person, and it includes pretty much everything:
 Round-trip airfare from San Francisco (SFO)
 Two nights hotel in Toulouse
 11 days and 10 nights aboard the yachts
 All ground transfers

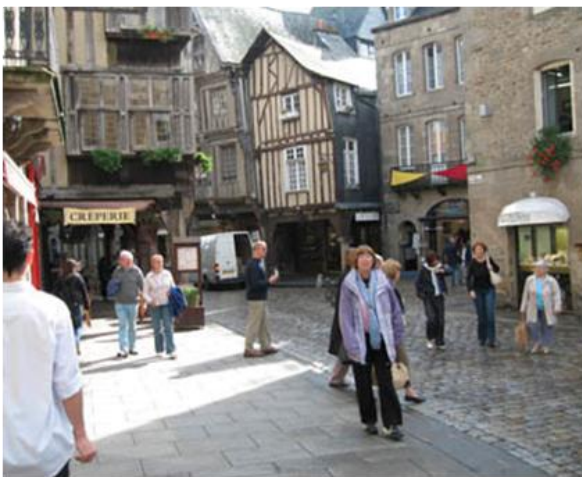
The only thing you'll need to buy there is food and drink, pitch in a few Euros for fuel, and maybe rent a bicycle to take on the boat with you. We welcome couples, families, and singles, and work very hard to ensure everyone has an absolutely great time.

A deposit of \$450 per person will hold your spot, with an additional deposit of \$1500 due January 1, and the balance will be due March 15. Visa/MC and checks are fine. But space is limited on this trip, so don't delay- sign up today!

For answers to your questions, or if you are ready to join us, email David directly at: davidkory@gmail.com, or call him at (925) 787-6893

- The price listed includes all taxes and fuel surcharges as of August 1, 2010. If the world goes crazy again and the airlines add new fuel surcharges or invent new taxes, we may have to pass these on to you. I don't expect that to happen, but I have to warn you just in case.

Cancellation policy: 6 months before departure, full refund. 90 days to 6 months, loss of deposits. Less than 90 days, no refund.



More Fun.

Tahiti

Nov. 3 - 13, 2011

Unparalleled Paradise

There is no place on this earth like Tahiti. The warm clear waters, white sand beaches, swaying palm trees, coral reefs surrounding idyllic lagoons... it is the original inspiration for paradise. If you have dreamed of sailing and exploring a piece of the south seas tropics, where the warmest summer day is 95, and the coldest winter night is 75, where high tide is at noon and midnight every day of the year, where Polynesian traditions and culture mix with warm French baguettes and pastries in perfect harmony, this is the trip for you.



We will first fly from Los Angeles to Papeete, Tahiti, where we'll spend 2 nights in a luxurious ocean front resort, recovering from our flight and acclimating to the tropical lifestyle. On Saturday morning we'll take a short 45-minute flight to Raiatea and board our waiting luxury yachts. Most everything we could need or want is already on board,



from snorkeling gear to a fully functional galley to linens for the beds and a dinghy and outboard. We'll sail to a nearby village, where there is a nice supermarket, and provisioning is fun and exciting. After that, who knows? Perhaps a reach up to the crystalline waters and vanilla plantations of Tahaa, and snorkeling along the coral reefs and passes. Another day we might ride the warm tradewinds to legendary Bora Bora, anchoring within its incomparable lagoon, and where we can walk along the outer coral reefs, waves breaking just a few feet away from us and being absorbed by the coral. Perhaps a dinner at famous Bloody Mary's, where you leave your shoes at the door, dig your toes into the powder white sand, and choose your fresh fish for them to prepare however you like.

Another day might take us to less-traveled Huahine, a favorite of many, for the local shops in Fare, and the remote anchorages and small local restaurants at the end of the lagoon. Perhaps South Raiatea is also on the agenda, with its perfect snorkeling conditions, abandoned motus, and long white beaches ideal for strolling.

Your time here will feel like a world away, the long sunny days stretching into warm starry nights. Peace, tranquility, a warm interaction with nature, good food and new friends... This is what a sailing vacation is supposed to be!



More Fun.

So what's the deal?

The trip costs \$3,295 per person, and it includes pretty much everything:

- Round-trip airfare from Los Angeles(LAX)
- Two nights hotel on Tahiti
- 8 days and 7 nights aboard the yachts
- All ground transfers
- A special Tahitian feast hosted by ASA .

The only thing you'll need to buy there is food and drink. You'll also need to get yourself to Los Angeles, but we can help arrange that for you, too, if you like.



How does it work?

You are welcome to participate in sailing the boat, or you can just relax and enjoy the ride. If you have your ASA Bareboat certificate and would like to skipper one of the boats, that may be possible, too. We will have both monohulls and catamarans available, but the choices are first come, first served, so sign up soon!

We welcome couples, families, and flexible singles, and work very hard to ensure everyone has an absolutely great time. David Kory, who has led sailing vacations to all corners of the globe, including many prior sailing vacations to Tahiti- knows the best local spots for anchoring, snorkeling, and eating, and is happy to share his insights with you.

A deposit of \$795 per person will hold your spot, with an additional deposit of \$1500 due May 1, and the balance will be due August 15. Visa/MC and checks are fine, and payment plans are available, too. But space is limited on this trip, so don't delay- sign up today!

For answers to your questions, or if you are ready to join us, email David directly at: davidkory@gmail.com, or call him at (925) 787-6893

* The price listed includes all taxes and fuel surcharges as of July 1, 2010. If the world goes crazy again and the airlines add new fuel surcharges or invent new taxes, we may have to pass these on to you.

I don't expect that to happen, but I have to warn you just in case.

Cancellation policy: 6 months before departure, full refund. 90 days to 6 months, loss of deposits. Less than 90 days, no refund.



More Fun.

Anatomy of a Boat Delivery

Ever wonder what it would be like to do a boat or yacht delivery for someone? I have done several, and I have to admit it can be quite trying at times. If you are asked to do a delivery, either to help a friend or do it for pay, there are a few basic things to consider. First, is the boat safe to go? Next, what are the weather conditions expected for the time of the trip? Who are the crew and what is their boating experience and compatibility with others, and what do you know about the owner of the boat? If it is a new purchase, is the registration and insurance in order?

Early this October, I was asked by a friend who had a friend that just bought a boat in San Diego, and wanted it brought to San Francisco. A Redwood City marina was to be the exact point of delivery. It was a Catalina 36 located in Shelter Cove, San Diego. My friend Phil did not know the owner, but another friend of Phil's vouched for this guy. After the exchange of e-mails with the owner, gathering information such as recent surveys of the boat, discussion with this broker about the owner and the condition of the boat-- I decided it was a go.

I arrived in San Diego and was met by the broker and the owner's daughter, who was going along as crew. The owner planned to go on the trip north, but only for a few days because of business commitments.

I new from the survey there were several items that had to be corrected prior to this boat going off-shore; like a life raft (we bought an inflatable dinghy instead); safety equipment-- like good life jackets, updated signal flares; adequate anchor for the size of the boat; and charts of the California coast. The first day in San Diego was spent making these purchases for the owner (at his expense, of course). But probably the most important thing that had to be done before departure was, you guessed it, doing a:

S A F E T O G O

I went from bow to stern using our "Tradewinds Boating Check List" (from total memory recall) and discovered many more items that were not on the boat survey which had to be corrected such as: running lights (the steaming bulb was bad) a few cabin lights out, the macerator pump was toast, fuel tank low, no reefing lines, and no cooking hardware. So, the second day was spent helping get all this stuff done. The moral of this part of the story is "Do not trust Surveys!"



Rounding Point St. Vincent Light, Palace Verdes

The next day we departed at sunrise, got partly down the main fairway, and the engine started overheating. So, I turned around and slowly headed back to the slip. It was the raw water pump. Luckily I found one for the universal engine, installed it, and three hours later we were off again. Now, we were two days behind schedule (my schedule goal was to get around Point Conception for the weather window I had been looking for). As planned, the owner got off in Marina Del Rey, and a friend of mine (John Attaway, Tradewinds member) got on in Santa Barbara. The owner's

daughter did the whole trip. She was great crew and a pleasure to be with; she also learned a lot about coastal passage making. We had annoying conditions getting around Point Conception, and immediately hit dense fog in the afternoon. No radar, I had only my handheld GPS, plotting positions very frequently. We were able to make Port San Louis around 0200, and could not see more than 30 yards ahead. Luckily, Port San Louis is wide open bay, and I found a lighted buoy, and made a right turn, checked the bearing and distance, and dropped the anchor. We left early in the morning with dense fog, and made Monterrey in 20 hours in the dark. Great Fun. The next day we had lunch with Hilary (my daughter), then headed off to San Francisco. To make a long story short, we made the SF GG at sunset the next day with a flood tide. Probably the best part of the trip. We also arrived prior to the next front then approaching San Francisco! We made Redwood City the following morning after a fun time celebrating with the Embarcadero night life. The owner and his wife met us at his new slip and gave us a ride to Santa Rosa. We had a good successful trip, and owner and his family were happy with how things ended.



By Mike Heath
Tradewinds Instructor

